



ROCK RIDGE ELEMENTARY

ROCK RIDGE REVIEW

400 Heritage Avenue, Castle Rock, CO 80104

JANUARY 2022



2022
HAPPY NEW YEAR



Peter Mosby
Principal

Julie Roach
Assistant Principal

Attendance Line
303-387-5152

Office
303-387-5150

Weather Closure
303-387-SNOW

Hours
First Bell 8:30am
School Begins 8:35am
All Dismiss 3:30pm
AM Kinder 8:30-11:15
PM Kinder 12:45-3:30

School Website



*Advertising in this newsletter does
not imply endorsement by the
school or district.*

Note from the Principal, Mr. Mosby

Dear Rock Ridge Community:

I want to first start off by congratulating our Douglas County Apple Award nominees for Rock Ridge, Ms. Kia Jeffords and Ms. Dawna McKnight. Thank you for your submissions and kind words about so many of our staff. We appreciate our community and I welcome the accolades for our teachers and classified staff who so much deserve the recognition.

On another note, I would like to remind parents to PLEASE keep your child home if they have any fever what so ever. We have had many students arrive to school and a few hours later arrive in the health room with a fever or other illness symptoms, sharing that their parents gave them medicine that same morning. This only suppresses symptoms for a short amount of time and the school then ends up contacting parents to come and pick up their child. Please remember that a child must be fever free for 24 hours without fever reducing medication and 48 hours from the last bout of diarrhea or vomiting. Thank you for helping us keep Rock Ridge a healthy place to learn.

Congratulations to our spelling bee winner, Pailey Boyd! The competition was intense this year and the title was well earned. Pailey will represent Rock Ridge at the upcoming district level spelling bee. Go Pailey!

As always, if you have any questions or concerns feel free to reach out to me via email or phone. Be safe and have a wonderful Groundhogs day.

Sincerely,

Peter Mosby, Principal Rock Ridge Elementary

Mark Your Calendar, Important Dates to Remember

January

27 – PTO Paint Night

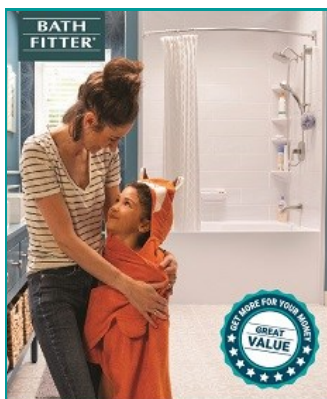
February

8 – PTO Meeting

10 – Chick-fil-A Spirit Day!

18 – No School: Teacher Workday

21 – No School: President's Day



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Celebrating our Students!

Spelling Bee Winner!!

Congratulations to Pailey Boyd (6th grade),

RRE's 21/22 Spelling Bee Winner!

Pailey will move on to compete in the District

Spelling Bee on February 5th.

Way to go, Pailey!!



6th graders read picture books to their kindergarten buddies that they wrote and illustrated themselves!

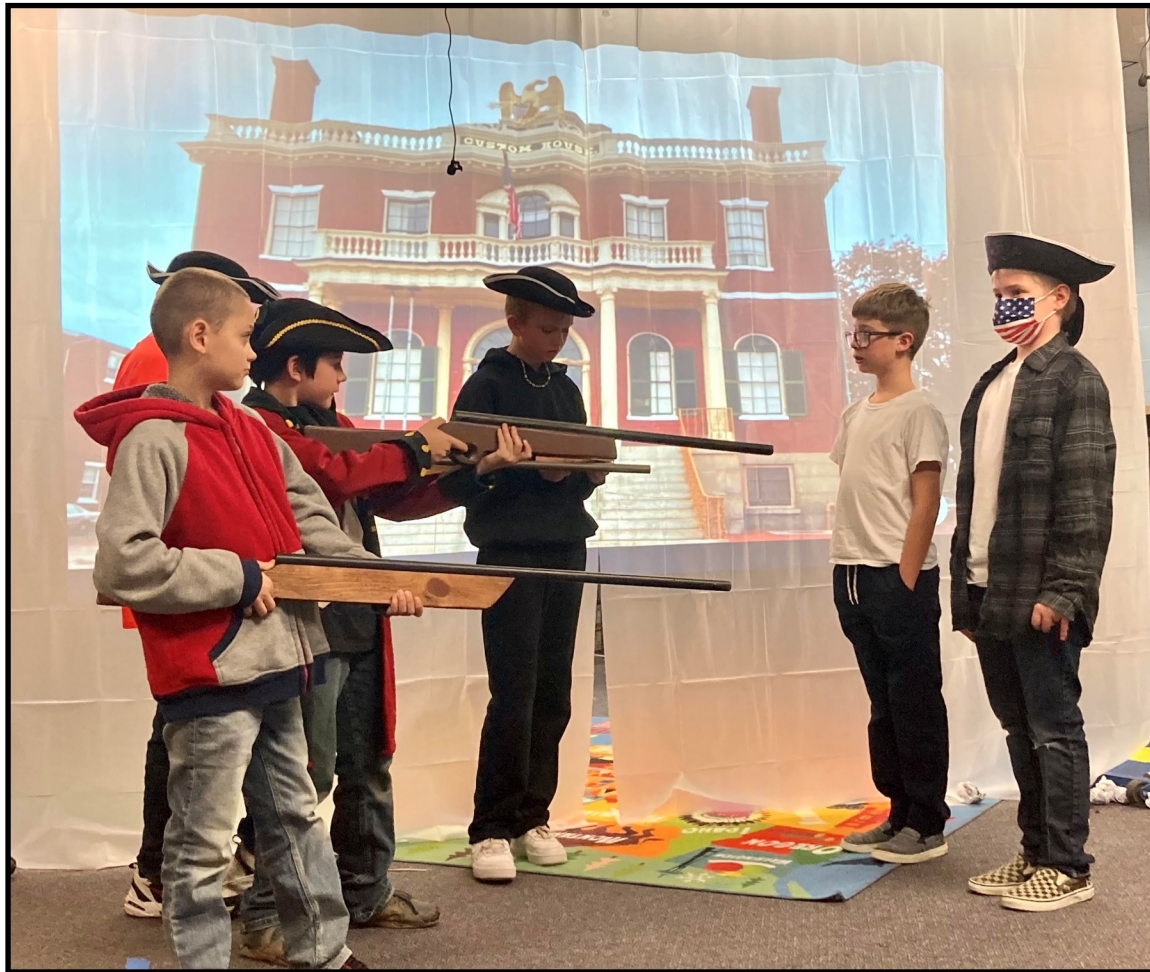


We now have a TV in the gym! It will be used as a scoreboard, a timer, and for video demonstrations during PE. Thank you to Coach Lentz and Mr. Richard for installing the TV, and thank you to the PTO for providing a protective case!

Celebrating our Students, continued...

Our 5th graders participated in reenacting scenes from the American Revolution to complete the story of the founding of America. The kids were amazing in their preparation and acting out the scenes and supporting each other.

This was a stand alone portion of the How We Organize Ourselves IB planner.



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Specials Spotlight



Gym: K-6th Grade will start hockey during the second week of January. We will learn about the 3 different positions (offense, defense, and goalie). Students will be able to hone in their hockey skills during our skill development games. The 6th-4th grade students will hopefully (fingers crossed) have a chance to create their own classroom teams and compete for their class, grade level, and school championship. This part of our hockey unit is pending any changes to district guidelines regarding mixing classes and grade levels.

Music: In Music, Kindergarten through 4th grade, we are starting the New Year off by learning about Instrument Families and how the Orchestra is organized. Fifth grade is reading music, playing guitar and finishing *The Sound of Music*. Sixth grade is continuing with Piano Karate and reading music.

Counselor's Corner

Happy New Year! The [Winter Olympics](#) start on Friday, February 4th. If you are watching the Olympics with your child, I encourage you to have conversations about perseverance, resilience, goal-setting, and how to be a humble winner and a gracious loser. Olympians make it look easy, but every athlete has practiced thousands of hours, learned from their mistakes, and got help from others. Alexandra, the founder of the [BigLife Journal](#), says this:

What we almost never see, however, are the athletes who don't make it to the medal podium. You know the ones who trained for many years to make it to the Olympics...only to fall off the balance beam or miss their dive. What about these athletes? Are they failures? Actually, they are great examples of perseverance in the face of HUGE disappointment (many of these athletes come back to compete again and again). You can point to these athletes to help remind your child that mistakes (and even embarrassments) don't have to stop them. When your child experiences disappointment or a failure, use these Olympic examples to keep them focused on growing and learning, not just on the outcome. Point out that even the most skilled athletes in the world sometimes fail or make mistakes. They learn from their mistakes and come back stronger next time.

For more information about developing a growth mindset, watch [this video](#).

-Dawna McKnight, dtmcknight@dcsdk12.org



Important PTO Information

Rock Ridge PTO Paint Night

On Thursday, January 27, you are invited to join us on Zoom for our second annual Paint Night! The cost is \$10 per person and all students and family members are welcome to take part! Ticket price includes a bag with a canvas board, paint, palette, paintbrush, and time with our talented art teacher, Ms. Gonzalez, who will lead us through a painting on Zoom! Register today on MySchoolBucks or see your email for more information!

King Soopers Community Rewards

If you haven't already, please be sure to register your King Soopers card through their Community Rewards Program! Every time you shop, you support the PTO.

Happy New Year!



Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school? Please contact Rob Mangelson at Rob@tscacolorado.com or (720) 878-4107.

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Rob Mangelson
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The School Communications Agency
Supporting Schools & Local Businesses



Health Information

As we continue to navigate through the Covid 19 pandemic we are asking parents to help us stop the spread of illness through our school.

Please keep your child home for any of the following symptoms that aren't related to an existing chronic health condition.

24 Hours for Major

48 Hours for Minor

Major Symptoms

- Feeling feverish, having chills, temperature of 100.4° F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea

If your student experiences any major symptom for greater than 24 hours or any minor symptom for greater than 48 hours please reach out to their health care provider. The return to school guidelines we are required to follow from the health department may require a negative PCR Covid test or an isolation period from when your student started having symptoms before they could return to in person learning.

Current Isolation Protocol for Douglas County School District:

If your child does test positive for COVID:

- they should isolate at home for 5 days, starting the day after symptoms started or the date they had their positive test if no symptoms. If symptoms are gone or improving and no fever for 24 hours without medication, then the recommendation is that your child can return to school wearing a mask for days 6-10.

Current Quarantine Recommendations from Douglas County Health Board and Jogan Health:

- If a parent wants their child to quarantine, there are three quarantine options.
 - 1) The exposed individual can stay home for 5 days and after that continue to wear a mask around others for 5 additional days. They also recommend they test on day 5 if possible.

If your child is unable to mask, CDC recommends the following quarantine options:

- 2) There is also the option for the child to quarantine for 7 days with return to school on day 8 if the child receives a test on day 5 from exposure and has their negative result by day 7.
- 3) Another option is a 10-day quarantine with no test.

Continued on next page...

Health Information, continued...

If your student experiences any major symptom for greater than 24 hours or any minor symptom for greater than 48 hours please reach out to their health care provider. The return to school guidelines we are required to follow from the health department may require a negative PCR Covid test or an isolation period from when your student started having symptoms before they could return to in person learning.

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- 2) There is also the option for the child to quarantine for 7 days with return to school on day 8 if the child receives a test on day 5 from exposure and has their negative result by day 7.
- 3) Another option is a 10-day quarantine with no test.

Resources/definitions

Information on **CDC quarantine** options can be found [here](#).

Infectious period description: The infectious period is determined by the symptom onset date OR the specimen collection date if the individual is asymptomatic. An exposed individual's quarantine would begin from their last date of exposure to an infectious individual.

Definition of Fully Vaccinated: CDC recommends that if individual has completed their primary series of Pfizer or Moderna vaccine over 6 months ago and are boosted OR completed the primary series of J&J over 2 months ago and are boosted if they are eligible.

Contact for Jogan Health: email DCcovid19@joganhealth.com (preferred) or 720-412-4749

Additionally, we ask that you communicate with our school nurse consultant, Whitney Chapman at wchapman1@dcsdk12.org prior to your student's return to school.



B.A.S.E

Rock Ridge is proud to present the Rock Ridge Rockets Before and After School program (rocket B.A.S.E. for short). This program provides a fun and relaxing way for your students to start or end their day on site here at Rock Ridge Elementary. Your kids have the opportunity to play gym games, participate in crafts and learn in a safe, professional environment right here in their own elementary school. Hours of operation daily are 6:30-8:30am and 3:30-6:00pm. B.A.S.E. also provides full day care during breaks and school closures from 6:30am-6:00pm.

If you think you may need care for your children or have general questions please visit them at the Rock Ridge B.A.S.E. website or feel free to reach out to the program manager, Amanda Pierce.

Also... Our B.A.S.E. program is growing!!

We are looking for enthusiastic, energetic people to join our team.

This is a great position for a high school student, or someone just looking for a few hours per week (10-15). If you or someone you know is interested please reach out to:

Amanda Pierce
Rock Ridge BASE Manager
303-549-7283



Box Tops

We will not be conducting the Box Tops competition between classes this year, but WILL continue collecting Box Tops. Please remember to scan all of your receipts!

For more information about Box Tops for Education as well as instructions for downloading the app, go to:

[https://
www.boxtops4education.com/](https://www.boxtops4education.com/).

International Baccalaureate

Each month we focus on an IB Learner Profile and **Knowledgeable** is our focus for the month of **January**.

Students who are knowledgeable have explored relevant and significant concepts and can remember what they have learned. They can draw on this knowledge and apply it in new situations.



How can parents help to develop students who are Knowledgeable at home?

- Encourage your child to read books at home that correspond with the topics being covered in school. In particular, books in their mother tongue will help your child make more meaningful, lasting connections to what is being taught in their classroom in English.
- Ask your child about what they are learning in school and engage them in conversations about it:
- “Why do you think that is an important thing to know about?”
- “Can you think of anything happening in the world today that might be similar to that aspect of History?”
- “You’re learning about pulleys and gears at school? This reminds me of your simple machines unit in grade 2... have you noticed any similarities? How is what you’re learning different?”
- Foster any area that your child expresses an interest in with books and activities, but also be sure to encourage them to explore other areas.
- Encourage your child to become familiar with current events and to read the newspaper and watch the news when appropriate.